



Breakfast/Brunch/Lunch

(Last Orders 2.30 pm))

Foxy's Breakfast (E,C,SD,M)	£10.95
2 Rashers of Back Bacon, Egg (Fried, Scrambled or Poached) Pork & Leek Sausage, Baked Beans, Mushrooms, Hash Brown, Black Pudding, Plum Tomatoes, Toast & Butter	
Vegetarian Breakfast (V) (E,C,M,MM)	£10.95
Glamorgan Sausage, Egg (Fried, Scrambled or Poached) Baked Beans, Mushrooms, Plum Tomatoes, Spicy Sweet Corn Fritters, Hash Brown, Smashed Avocado, Toast & Butter	
Vegan Breakfast (C) (VEGAN)	£ 10.95
Vegan Sausage, Pea & Mint Fritters, Plum Tomato, Hash Brown, Baked Beans, Sautéed Spinach, Mushrooms, Smashed Avocado with Lime Juice & Chilli Flakes, Toast & Non Dairy Spread	
Breakfast Muffin (C)	£6.50
Sausage Pattie, Smoked Streaky Bacon, Fried Egg, American Cheese, Hash Brown (E,M) Or Fried Egg, Hash Brown, Sautéed Spinach, Grilled Mushroom, American Cheese (M,E) (V)	
Mini Breakfast: Choose 4 of the following:	£5.50
Fried/Poached/Scrambled Egg (V) Pork & Leek Sausage, Beans (V) Back Bacon, Streaky Smoked Bacon, Glamorgan Sausage (V) Hash Brown (V) Pea & Mint Fritter (V) Spicy Sweetcorn Fritter (V) Vegan Sausage (V) Sautéed Mushrooms (V) Plum Tomatoes (V) , Smashed Avocado (Vegan) Served with 1 Toast	
Smoked Salmon & Smashed Avocado with Poached Egg	£9.50
on Sourdough Toast (F,C,E,M)	
Smoked Streaky Bacon, Tomatoes, Poached Egg & Smashed Avocado	£9.50
on Sourdough Toast with Balsamic Syrup Drizzle (SD, C,E,M)	
Breakfast Salad (E,C)	£8.50
with Chorizo, Smoked Bacon, Croutons, Black Pudding & Runny Poached Egg	
Belgian Waffles	£7.50
Streaky Smoked Bacon, Fried or Poached Egg & Maple Syrup (E,M,C)	
Breakfast Omelette (E,SD)	£7.00
Choice of 4 items: Back Bacon, Smoked Streaky Bacon, Sausage, Chorizo, Red Onion, Spinach, Mushroom, Cheddar, Onion, Spinach, Smoked Salmon	
Foxy's Eggs Deluxe (E, M,C)	£9.50
Toasted Muffin, 2 Poached Eggs & Hollandaise Sauce with either Ham - Wilted Spinach (V) - Smoked Streaky Bacon - Smoked Salmon (F)	
Welsh Crumpets	£7.50
Laver Bread, Bacon, Oats & Onion & Welsh Rare Bit on Crumpets with Fried Eggs	
Smoked Salmon, Scrambled Eggs & American Cheese Toasted Bagel	£6.50
Bacon, Lettuce, Tomato & Mayo Sandwich (SD)	£6.00
Bacon, Brie & Cranberry Sandwich (SD, M, C)	£6.50
Free Range Eggs on Toast (V) (E, M C)	£5.50
Fried, Scrambled or Poached	
Glamorgan Sausage (V) or Bacon or Sausage Sandwich (C,M)	£5.50
Baked Beans on Toast (V) Cheesy Beans add 50p (C,M)	£3.75
Foxy's Muesli (C,M) (V)	£3.00
Toast x 2 Butter or Non Dairy Spread & Marmalade/Jam (M,C)	£2.50
Toasted Teacake & Butter	£2.25
Extras:	
Bacon, Sausage, Sausage Pattie (C) Black Pudding (C), Mushrooms, Pea & Mint Fritter (2) (V) Sweetcorn Fritters (2, (V) Egg (E) £1.00 (E,C) Baked Beans, Grilled Tomato, Hash Brown 60p Smoked Salmon (F) £2.00 Glamorgan Sausage (V) (C,M,E,MM) £1.50 Mixed Fresh Berries £2.50 Smashed Avocado £2.25	

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Lasagne Bolognese or Roasted Vegetable Lasagne (v) Salad & Fries (MM,C,M,E,CL)	£8.95
Welsh Rarebit (V) (E,C,M) On Toast with Onion Marmalade (v)	£6.75
Glamorgan Sausages (V) (C,M,MM,E) With Coleslaw, Sweet Chilli Sauce & Salad	£6.95
Burger of The Day (Please ask) Gourmet Fries, Coleslaw , Salad	£10.95
Homemade Quiche of the Day (E,M,C) with Coleslaw & Salad	£6.95
Corned Beef Hash Pie With a Sage & Onion Stuffing Base, Fried Egg & Baked Beans	£6.95
Proper Cornish Pasty Company :	
Steak (c) /Cheese & Onion (M,C) /Vegan Pasty (c) (VG) (V) Gourmet Fries, Mushy Peas & Gravy	£8.50
Jacket Potato (Butter and 1 Filling) Cheddar (M), Coleslaw, Tuna Mayo (F), Baked Beans, (Extra Filling £1.50)	£6.00
Jumbo Fish Finger Ciabatta with Horseradish Sauce (F,C,M)	£6.50
Spanakopita (Spinach & Feta Filo Pie) (V) (c,m) Houmous, Tzatziki. Pea & Mint Fritters, Pitta Bread & Salad	£8.95
Toasted Ciabatta (c,m) (v) Drizzled with Olive Oil, Mozzarella, Tomatoes, Salad Leaves & Balsamic Drizzle (V)	£6.95
Croque Monsieur (C,M)) Emmental Cheese & Ham with Dijon Mustard sandwich smothered with Béchamel Sauce and grilled	£7.95
Croque Madame (Add Poached Egg £1)	
Foxy's Dirty Fries (M,C) Crispy Chicken , Smoked Bacon, Nacho Cheese, Garnished with Spring Onions, Pickled Red Cabbage	£7.95

SIDES

Gourmet Fries (V)	£3.50
Sweet Potato Fries (V)	£3.75

SANDWICHES

Your Choice of: Malted, White, Ciabatta, Baguette, Bagel

	<u>Eat In</u>
Houmous & Roasted Peppers (Vegan) (C,SE)	£5.25
Mozzarella, Pesto, Tomato & Salad Leaves (V) (C,M)	£5.00
Mature Cheddar & Onion Marmalade (V) (C,M)	£5.00
Goats Cheese & Roasted Peppers (V) (M,C)	£5.00
Free Range Egg Mayonnaise (V) (E,C)	£5.00
Grilled Haloumi, Pesto & Tomato (V) (C,M,N)	£5.00
Cheddar, Ham & Tomato (M,C)	£5.00
Pembroke Ham, Dijon Mustard & Tomato (M,C)	£5.00
Pembroke Ham & Egg Mayo (C,E,M)	£5.50
Roast Chicken, Bacon, Garlic Mayo, Iceberg Lettuce	£5.50
Tuna Mayo (C,F)	£5.00
Tuna Melt (Toasted with Cheddar) (C,M,F)	£5.75
Roast Chicken, Stuffing, Cranberry Sauce (M,C)	£5.50
Roasted Vegetables & Pesto (N,C,M)(V)	£5.50

Kids Menu

All £5.50

Pork & Leek Sausage (C) or Glamorgan Sausage(C,MM,M) or Fish Fingers(F,S)(V), Fries & Beans (M,C)
Jacket Potato With Butter (M) With: Beans, Cheese (M), Coleslaw or Tuna Mayo (F) Fish Finger Sandwich (C,F,M)

Sandwich Box Deal

Egg Mayo (M,E)/Tuna Mayo(F)/Cheese (M), Ham (M) Packet of Crisps, Apple/Orange Juice Carton or Fruit

ALLERGENS KEY:

C Cereals Containing Gluten :Wheat(Such as Spelt & Khorason Wheat) Rye, Barley, Oats CR-Crustaceans e.g Prawns, Crabs, Lobster, Crayfish E-Eggs F-
Fish P-Peanuts S-Soyabeans M-Milk N-NutsCL—Celery (including Celeriac) MM-Mustard SE-Sesame SD-Sulphur Dioxide including Sulphites-Lupin
MC-Molluscs, e.g. Clams, Mussels, Whelks, Oysters, Snails & Squid