



Breakfast/Brunch/Lunch

(Last Orders 2.30 pm))

	Eat In	T/A
Breakfast Salad (SD,C,E)		
Bacon, Chorizo Sausage, Black Pudding, Poached Egg & Croutons and a Dressed Salad	£6.95	£6.95
Foxy's Breakfast (E,C,SD,M)	£7.25	£6.50
2 Rashers of Bacon, Egg (Fried, Scrambled or Poached) Sausage, Baked Beans, Mushrooms, Hash Brown, Black Pudding, Grilled Tomato, Toast & Butter		
Vegetarian Breakfast (V) (E,C,M,MM)	£6.95	£6.20
Glamorgan Sausage, Egg (Fried, Scrambled or Poached) Baked Beans, Mushrooms, Grilled Tomato, Spicy Sweet Corn Fritters, Hash Brown, Toast & Butter		
Vegan Breakfast (C) (VEGAN)	£6.95	£6.20
Vegan Sausage, Pea & Mint Fritter, Roast Tomato, Hash Brown, Baked Beans, Sautéed Spinach, Mushrooms, Toast & Non Dairy Spread		
Mini Breakfast: Choose 4 of the following:	£4.50	£4.00
Fried/Poached/Scrambled Egg, Pork & Leek Sausage, Beans, Bacon, Glamorgan Sausage, Hash Brown, Pea & Mint Fritter, Spicy Sweetcorn Fritter, Vegan Sausage, Sautéed Mushrooms, Roasted Tomato (V) Served with 1 Toast		
Bacon, Tomato, Smashed Avocado & Poached Eggs with Balamic Syrup Drizzle	£6.50	£5.50
(SD, C,E,M) on Toasted Ciabatta		
Breakfast Omelette (E,SD)		
Bacon, Sausage, Chorizo & Onion or Spinach, Mushroom, Cheese & Onion (V)	£5.95	£5.00
Spanish Continental Breakfast		
Toasted Foxy's Bread, Chorizo, Olives, Manchego Cheese, Roasted Santos Tomatoes, Extra Virgin Basil Olive Oil, Fig & Date Balsamic Vinegar	£6.50	£6.00
Eggs Benedict (E, M,C) Florentine (E, M,C) (V) Royale (E, M,C,F)	£6.50	£5.75
Pembroke Ham Spinach Smoked Salmon (45p extra)		
Toasted Muffin, 2 Poached Eggs & Hollandaise Sauce		
Welsh Crumpets		
Laver Bread, Bacon, Oats & Onion & Welsh Rarebit on Crumpets with Fried Eggs	£6.50	£5.75
Free Range Eggs on Toast (V) (E, M C)	£4.50	£4.00
Fried, Scrambled or Poached		
Dippy Boiled Eggs (V) & Soldiers	£4.50	£4.00
Glamorgan Sausage (V) or Bacon or Sausage Sandwich (C,M)	£4.25	£3.50
Baked Beans on Toast (V) Cheesy Beans add 50p (C,M)	£3.50	£3.00
Foxy's Muesli (C,M) (V)	£3.00	£2.50
Toast x 2 Butter or Non Dairy Spread & Marmalade/Jam (M,C)	£2.30	£1.80
Toasted Teacake & Butter	£2.30	£1.80
Extras:		
Bacon, Sausage (C) Black Pudding (C), Mushrooms, Pea & Mint Fritter (2) (V) Sweetcorn Fritters (2) (V) 80p Egg (E), (E,C) Baked Beans, Grilled Tomato, Hash Brown 60p Smoked Salmon (F) Glamorgan Sausage (V) (C,M,E,MM) £1.50		
Foxy's Beef or Roasted Vegetable Lasagne (v) with Salad & Fries (MM,C,M,E,CL)	£6.95	£6.00
Welsh Rarebit (v) (E,C,M) On Toast with Onion Marmalade (v)	£6.50	£5.50
Glamorgan Sausages (V) (C,M,MM,E)	£6.95	£6.00
With Coleslaw, Sweet Chilli Sauce & Salad		
Homemade Quiche of the Day (E,M,C) with Coleslaw & Salad	£6.75	£5.75
Corned Beef Hash Pie	£6.50	£6.00
With a Sage & Onion Stuffing Base, Fried Egg & Baked Beans		
Homemade Calzone of the Day (C)	£6.75	£5.75
With Sweet Potato Fries, & Salad		
Spanakopita (Spinach & Feta Filo Pie) (V) (C,M)	£7.00	£5.95
With Bulgur Wheat Salad, Tzatziki & Pea & Mint Fritters		
Proper Cornish Pasty , Mashed Potato, Peas & Gravy (M,C)	£6.75	£5.95
Jacket Potato (Butter and 1 Filling)	£5.00	£4.00
Cheddar (M), Coleslaw, Tuna Mayo (F), Baked Beans, Chilli Con Carne (Extra Filling £1)		
Lamb Shank (M) with Minted Gravy, Mashed Potato, Peas & Carrots (M,C)	£12.95	£11.95

Chilli Con Carne (M,C) with Rice, Home Made Garlic Bread & Greek Yoghurt	£6.95	£6.50
Foxy's Margarita Pizza (C,M) (7 inch) (Vegan & Gluten Free Available)	£3.50	£3.50
Extra Toppings – 60p Pembroke Ham, Mushroom, Chorizo, Red Onion, Bacon, Nduga Spicy Sausage, Pork & Leek, Sausage, Fresh Red Chilli, Black Pudding, Cheddar, Spinach, Roasted Red Peppers, Olives, Caramelised Onions, Goats Cheese, Perl Las, Brie, Red Devil Cheese, Vegan Cheese, Manchego		

Extras

Dirty Fries (M) – Chunky Fries with Jalapeño Cheese Sauce	£3.50	£3.00
Topped with Either Bacon, Fresh Red Chilli or Fried Onions		
Chilli Cheese Fries (M) – Chunky Fries, Chilli Con Carne, Jalapeño Cheese Sauce	£4.50	£4.00
Home Made Garlic Bread (C,M) (Cheesy Garlic Bread £1 extra) (V)	£2.95	£2.50
Garlic Dough Balls (C,M) (8) (V)	£2.50	£2.50
Dressed Side Salad (V)	£2.50	£2.50

SANDWICHES

Your Choice of: Malted, White, Baguette, Ciabatta

	<u>Eat In</u>	<u>T/A</u>
Houmus & Roasted Peppers (Vegan) (C, SE)	£4.75	£3.25
Mozzarella, Pesto, Tomato & Salad Leaves (V) (C,M)	£4.50	£3.25
Mature Cheddar & Pickle (V) (C,M)	£4.50	£3.25
Goats Cheese & Roasted Peppers (V) (M,C)	£4.50	£3.25
Free Range Egg Mayonnaise (V) (E, C)	£4.50	£3.25
Grilled Haloumi, Pesto & Tomato (V) (C,M,N)	£4.50	£3.50
Roast Beef, Dijon Mustard & Red Onion (MM,C,M)	£4.50	£3.25
Red Devil Cheese, Chorizo & Onion Marmalade (C,M)	£4.75	£3.50
Bacon, Lettuce, Tomato & Mayo (C,SD)	£4.50	£3.25
Bacon, Brie & Cranberry (SD, M, C)	£4.50	£3.50
Cheddar, Ham & Tomato (M,C)	£4.50	£3.25
Smoked Blacky Ham & Brie (M,C)	£4.50	£3.50
Pembroke Ham, Dijon Mustard & Tomato (M,C)	£4.50	£3.25
Pembroke Ham & Egg Mayo (C,E,M)	£4.50	£3.25
Roast Beef, Horseradish & Red Onion (M,C)	£4.95	£3.25
New York Bagel (M,MM)	£4.50	£3.25
(Roast Beef, Gherkins, Cream Cheese & American Mustard)		
Roast Turkey & Cranberry Sauce (C,M)	£4.75	£3.25
Tuna Mayo (C,F)	£4.50	£3.25
Tuna Melt (Toasted with Cheddar) (C, M,F)	£4.95	£3.50
Fish Fingers & Lettuce & Tartare Sauce (F,C)	£4.50	£3.50

Kids Menu

All £4.00

Pork & Leek Sausage (C) or Glamorgan Sausage (C,MM,M) (V), Fries & Beans (M,C)
 Jacket Potato With Butter (M) With: Beans, Cheese (M), Coleslaw or Tuna Mayo, Chilli Con Carne (F)
 Fish Finger Sandwich (C, F, M)

Sandwich Box Deal

Egg Mayo (M,E)/Tuna Mayo(F)/Cheese (M), Ham (M) Packet of Crisps, Apple/Orange Juice Carton or Fruit

Don't Forget We Have Daily Specials And An Excellent Range Of Foxy's Frozen Ready Meals To Go

ALLERGENS KEY:

C Cereals Containing Gluten :Wheat(Such as Spelt & Khorason Wheat) Rye, Barley, Oats CR-Crustaceans e.g Prawns, Crabs, Lobster, Crayfish E-Eggs F-Fish P-Peanuts S-Soyabeans M-Milk N-NutsCL—Celery (including Celeriac) MM-Mustard SE—Sesame SD-Sulphur Dioxide including Sulphites—Lupin MC-Molluscs, e.g. Clams, Mussels, Whelks, Oysters, Snails & Squid