



## Breakfast/Brunch/Lunch

(Last Orders 2.30 pm))

<b>Foxy's Breakfast</b> (E,C,SD,M)	£10.95
2 Rashers of Back Bacon, Egg (Fried, Scrambled or Poached) Pork & Leek Sausage, Baked Beans, Mushrooms, Hash Brown, Black Pudding, Roast Tomatoes, Toast & Butter	
<b>Vegetarian Breakfast</b> (V) (E,C,M,MM)	£10.95
Glamorgan Sausage, Egg (Fried, Scrambled or Poached) Baked Beans, Mushrooms, Roast Tomatoes, Spicy Sweet Corn Fritters, Hash Brown, Smashed Avocado, Toast & Butter	
<b>Vegan Breakfast</b> (C) (VEGAN)	£ 10.95
Vegan Sausage, Pea & Mint Fritters, Roast Tomato, Hash Brown, Baked Beans, Sautéed Spinach, Mushrooms, Smashed Avocado with Lime Juice & Chilli Flakes, Toast & Non Dairy Spread	
<b>Breakfast Muffin</b> (C)	£6.50
Sausage Pattie, Smoked Streaky Bacon, Fried Egg, American Cheese, Hash Brown (E,M) Or Fried Egg, Hash Brown, Sautéed Spinach, Grilled Mushroom, American Cheese (M,E) (V)	
<b>Mini Breakfast:</b> Choose 4 of the following:	£5.95
Fried/Poached/Scrambled Egg (V) Pork & Leek Sausage, Beans (V) Back Bacon, Streaky Smoked Bacon, Glamorgan Sausage (V) Hash Brown (V) Pea & Mint Fritter (V) Spicy Sweetcorn Fritter (V) Vegan Sausage (V) Sautéed Mushrooms (V) Roast Tomato (V) , Smashed Avocado (Vegan) Served with 1 Toast	
<b>Smoked Salmon &amp; Smashed Avocado with Poached Egg</b>	£9.50
on Sourdough Toast (F,C,E,M)	
<b>Smoked Streaky Bacon, Tomatoes, Poached Egg &amp; Smashed Avocado</b>	£9.50
on Sourdough Toast with Balsamic Syrup Drizzle (SD, C,E,M)	
<b>Belgian Waffles</b>	
Streaky Smoked Bacon, Fried or Poached Egg & Maple Syrup (E,M,C)	£7.50
<b>Belgian Waffles</b> Vanilla Ice cream , Maple Syrup, Mixed Berries (M,C)	£7.50
<b>Breakfast Omelette</b> (E,SD)	£7.00
Choice of 4 items: Back Bacon, Smoked Streaky Bacon, Sausage, Chorizo, Red Onion, Spinach, Mushroom, Cheddar, Onion, Spinach, Smoked Salmon	
<b>Foxy's Eggs Deluxe</b> (E, M,C)	£9.50
Toasted Muffin, 2 Poached Eggs & Hollandaise Sauce with either Ham - Wilted Spinach (V) - Smoked Streaky Bacon - Smoked Salmon (F)	
<b>Welsh Crumpets</b>	
Laver Bread, Bacon, Oats & Onion & Welsh Rare Bit on Crumpets with Fried Eggs	£7.50
<b>BLT Ciabatta</b>	£6.95
Smoked Streaky Bacon, Iceberg Lettuce, Tomato & Mustard Mayo (SD) (Extra Avocado £1.50)	
<b>Bacon, Brie &amp; Cranberry Sandwich</b> (SD, M, C)	£6.50
<b>Free Range Eggs on Toast</b> (V) (E, M C)	£5.50
Fried, Scrambled or Poached	
<b>Glamorgan Sausage (V) or Bacon or Sausage Sandwich</b> (C,M)	£5.50
<b>Baked Beans on Toast</b> (V) Cheesy Beans add 50p (C,M)	£3.75
<b>Toast x 2</b> Butter or Non Dairy Spread & Marmalade/Jam (M,C)	£2.50
<b>Toasted Teacake &amp; Butter</b>	£2.25
<b>Extras:</b>	
Bacon, Sausage, Sausage Pattie (C) Black Pudding (C), Mushrooms, Pea & Mint Fritter (2) (V) Sweetcorn Fritters (2, (V) Egg (E) £1.50 (E,C) Baked Beans, Grilled Tomato, Hash Brown £1.00 Smoked Salmon (F) £2.50 Glamorgan Sausage (V) (C,M) £1.50 Mixed Smashed Avocado £2.25	

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<b>Lasagne Bolognese or Roasted Vegetable Lasagne (v)</b>	£9.50
Salad & Fries (MM,C,M,E,CL)	
<b>Welsh Rarebit (V) (E,C,M) On Toast with Onion Marmalade (v)</b>	£6.75
<b>Glamorgan Sausages (V) (C,M,MM,E)</b>	£6.95
With Coleslaw, Sweet Chilli Sauce & Salad	
<b>Homemade Quiche of the Day (E,M,C) with Coleslaw &amp; Salad</b>	£6.95
<b>Corned Beef Pie</b>	£9.95
With a Sage & Onion Stuffing Base, Fries, Fried Egg & Baked Beans	
<b>Jacket Potato (Butter and 1 Filling)</b>	£6.00
Cheddar (M), Coleslaw, Tuna Mayo (F), Baked Beans, (Extra Filling £1.50)	
<b>Jumbo Fish Finger Ciabatta with Horseradish Sauce (F,C,M)</b>	£6.50
<b>Spanakopita (Spinach &amp; Feta Filo Pie) (V) (C,m)</b>	£8.95
Houmous, Tzatziki. Pea & Mint Fritters, Pitta Bread & Salad	

### SIDES

<b>Gourmet Fries (V)</b>	£3.50
<b>Sweet Potato Fries (V)</b>	£3.75

### SANDWICHES

**Your Choice of: Malted, White, Ciabatta, Baguette, Bagel**

#### Eat In

Houmous & Roasted Peppers (Vegan) (C,SE)	£5.25
Mozzarella, Pesto, Tomato & Salad Leaves (V) (C,M)	£5.00
Mature Cheddar & Onion Marmalade (V) (C,M)	£5.00
Goats Cheese & Roasted Peppers (V) (M,C)	£5.00
Free Range Egg Mayonnaise (V) (E,C)	£5.00
Grilled Haloumi, Pesto & Tomato (V) (C,M,N)	£5.00
Cheddar, Ham & Tomato (M,C)	£5.00
Pembroke Ham, Dijon Mustard & Tomato (M,C)	£5.00
Pembroke Ham & Egg Mayo (C,E,M)	£5.50
Roast Chicken, Bacon, Garlic Mayo, Iceberg Lettuce	£5.50
Tuna Mayo (C,F)	£5.00
Tuna Melt (Toasted with Cheddar) (C,M,F)	£5.75
Roast Chicken, Stuffing, Cranberry Sauce (M,C)	£5.50

#### **Kids Menu**

**All £5.50**

Pork & Leek Sausage (C) or Glamorgan Sausage (C,MM) or Fish Fingers (F,C)(V), Fries & Beans (M,C)  
Jacket Potato With Butter (M) With: Beans, Cheese (M), Coleslaw or Tuna Mayo (F) Fish Finger Sandwich (C,F,M)

#### **Sandwich Box Deal**

Egg Mayo (M,E)/Tuna Mayo(F)/Cheese (M), Ham (M) Packet of Crisps, Apple/Orange Juice Carton or Fruit

#### ALLERGENS KEY:

C Cereals Containing Gluten :Wheat(Such as Spelt & Khorason Wheat) Rye, Barley, Oats CR-Crustaceans e.g Prawns, Crabs, Lobster, Crayfish E-Eggs F-Fish P-Peanuts S-Soyabeans M-Milk N-NutsCL—Celery (including Celeriac ) MM-Mustard SE-Sesame SD-Sulphur Dioxide including Sulphites-Lupin MC-Molluscs, e.g. Clams, Mussels, Whelks, Oysters, Snails & Squid